



# Christian Healthcare Ministries

*The biblical solution to healthcare costs*

June 2012

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*Christian Healthcare Ministries® is a Bible-based, voluntary medical cost-sharing ministry that fulfills the command of Galatians 6:2, that Christians carry each other's burdens.*

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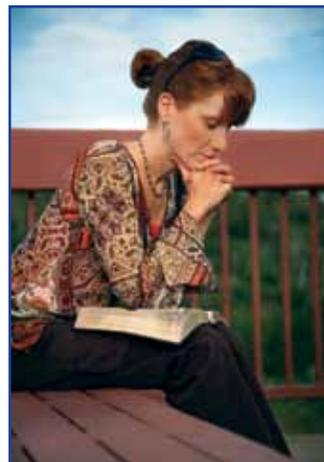
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## Member thanks CHM for spiritual support, recognizes the power of prayer

*By Shirlee Dobias, Stuart, Neb.*

I have been a Christian Healthcare Ministries member since March 2008. I'm so thankful for the financial help I've received for my health care needs. I'm also thankful for the prayer requests printed in the CHM newsletter and the prayer cards sent out with each month's Member Gift Form billing statement.



I underwent minor surgery in September 2011 only to find out two months later from my family doctor that

an additional operation was necessary. I was upset because I had just healed from the first surgery. I called Beth Kabellar, my CHM Needs Processing representative, and asked her to pray that I would accept the need for surgery and wouldn't be stressed out about it.

Beth shared my request with other CHM employees during a morning prayer session. In November 2011, my request was printed on the monthly prayer card—as well as in the December 2011 newsletter—

*See "Dobias testimony," page 11*

## In their own words: CHM members tell the ministry story

*Editor's note: Christian Healthcare Ministries recently received a large number of letters from members expressing their thanks and appreciation. We're printing them here so you can read firsthand how God is working through CHM. Some letters are addressed to individual CHM staff members.*

**Dear Christian Healthcare Ministries:**

I would like to thank the CHM team and its members for the help and prayers that they extended to my husband and me in our time of need.

The emergency room bill that I incurred was very expensive, especially without any insurance. We are thankful for the money that CHM sent us to meet my medical expenses. Thank you so much,

Jacqueline Hermetz  
 Johnston City, IL

**Dear Lori:**

We want to thank you so much for your help in processing the \$9,000 surgeon's bill for Grover's surgery. May God bless you

*See "In their own words," page 5*

# Autism precludes empty nesting, but not faith



**Rev. Howard Russell**  
President and CEO,  
Christian Healthcare  
Ministries

My wife, Barbara, and I in all probability will never be “empty nesters.”

More about why in a moment.

Chuck Swindoll, a minister and Bible teacher whose “Insight for Living” radio program is broadcast throughout the country, had a segment recently in which he spoke about the reasons why many husbands and wives divorce shortly after their children leave for work, college, the military, or for whatever reason.

A friend of mine who heard Swindoll’s sermon remarked that



*L-R: Rev. Howard Russell, Stephen, Joseph and Barbara Russell*

he couldn’t understand why or how that would happen. He and his wife have been empty nesters for eight years after having had children in the house for some 29 years of their thus-far 39-year marriage.

“It’s like being newlyweds again,” he said. “I love my

children, but there’s a lot to be said for this empty nest stuff.”

Barbara and I have been married 41 years, and we have known for a long time that empty nest status is not in our future. We’ve accepted it as the Lord’s will for our lives, though in all honesty there were moments when we asked why certain things are what they are.

We have two sons, Stephen and Joseph. Stephen, 24, is our oldest. He has autism and a mood disorder.

Joseph, 19, has a tumor in his hypothalamus, a part of the brain which, according to Wikipedia, links the nervous system to the endocrine system. Joseph’s tumor was diagnosed at age eight.

You wouldn’t know there is anything of this nature affecting him, because it doesn’t—as long as the tumor doesn’t grow to dangerous levels. In the last 10 years it has twice shown growth, but after testing and review the tumor board was not impressed. When the board isn’t impressed, it’s a good thing. We are very grateful. Therefore, Joseph will someday be out on his own.

Stephen is another story.



Our oldest is what is termed a “high functioning” autistic. He has interests (particularly mechanical things and tornado warning sirens). He follows directions well and can work in various capacities and jobs.

Nevertheless, the reality is that emotionally and psychologically he is, and will always be, childlike. Stephen takes medication to help regulate his moods and behavior. His medication periodically changes depending on the doctor or Stephen’s developing needs.

With each new medication or dosage, there is a noticeable effect on Stephen that manifests itself in different ways. Among them are fast, non-stop talking; boisterous, loud behavior; or other things.

It’s a challenge. No question about that. But it’s a good challenge.

At the same time, Barbara and

# Blessed arrivals: CHM maternity program Q & A

## *The Will family*

**Kent & Alyssa Will**  
Potlatch, Idaho  
Total bills shared: \$17,641

**Christian Healthcare Ministries:** What caused you to join CHM?

**Alyssa Will:** We signed up in 2009 because we thought the program was easier to understand than health insurance policies. The maternity program was a contributing factor in our decision but not the only reason we joined.



*Eleanor Will*

**CHM:** How many of your children were born using the CHM maternity program?

**AW:** Our son, Arthur Prescott, was born Aug. 1, 2010; and our daughter, Eleanor Ruth, was born Dec. 29, 2011.

**CHM:** What did you do when you learned you were pregnant?

**AW:** In the second trimester we called CHM and spoke with Joy Spriggs, the maternity advisor. She was very helpful and we have no complaints about the services or resources provided.

**CHM:** Were there any complicating factors in your pregnancies?

**AW:** Both pregnancies were uneventful;

however, I had fetal distress and underwent a C-section to give birth to Eleanor. Other than my primary concern about my daughter's health, I remember thinking, "This is going to be expensive." My husband didn't have steady work at the time, and it was good to know that CHM was there to help.

**CHM:** Did CHM meet your maternity expenses in a timely manner?

**AW:** It took CHM just several months to meet the expenses and we made payments on the bills in the meantime. However, we didn't send the bills to the ministry as soon as they came (*editor's note: it's best if members send copies of their bills to CHM as soon as they are received*). The ministry staff had informed us that it would be a few months before we'd be reimbursed, so we have no complaints.

**CHM:** Would you recommend the CHM maternity program to other young couples desiring to have children?

**AW:** Yes, I would. CHM is affordable, easy to work with and offers excellent assistance.

*Editor's note: If you have recently given birth, please note that your baby is not*



*Arthur Will*

*automatically enrolled as a CHM member and that medical bills for non-participating family members cannot be shared by CHM. To add your baby to your membership, please call the Member Assistance department at 1-800-791-6225, ext. 5993. Adding a baby may or may not change your monthly gift amount; see CHM Guideline III.B.*

## Send us your baby stories and pictures

Please send us pictures of your baby if you have recently given birth. We'd love to hear news of your newest blessing! Please also consider sending your maternity story.

Send to:

editor@  
chministries.org

-or-

Christian Healthcare Ministries  
Attn: Editor  
127 Hazelwood Ave  
Barberton, OH 44203



# Drinking tea or coffee may cut MRSA by half

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Health education resources at:  
[www.chministries.org/healthinfo.aspx](http://www.chministries.org/healthinfo.aspx)

The growing problem of bacterial resistance to antibiotics has scientists searching for new drugs to fight bacteria. Some researchers discovered a surprising fact: hot tea and coffee are two of the most promising plant sources for antibiotics.

In laboratory trials coffee has been an effective antibiotic against several common causes of human illness, including *E. coli*, *Salmonella*, and *Staphylococcus aureus*. Tea has shown even better results, additionally proving effective against *Vibrio cholerae* and *Shigella*.

The next question researchers asked was, “Are coffee and hot tea effective against these bacteria when they are swallowed as drinks?”

To test the hypothesis, scientists at the Department of Family Medicine at Medical University of South Carolina analyzed data from the 2003 to 2004 National Health and Nutrition Examination Survey (NHANES). NHANES is a complex survey and physical examination program involving approximately 5,000 randomly selected Americans and administered since the 1960s by the Centers for Disease Control and Prevention (CDC).

Study participants were asked questions such as, “How many cups of hot tea [or coffee, or iced tea], caffeinated or decaffeinated, did you drink over the past 12 months?” Two possible answers could be selected: none, or any quantity more than one cup per month.

Researchers took nasal swab samples from all NHANES participants over one year old and cultured them for *S. aureus*. They especially sought samples resistant to methicillin, a penicillin-type antibiotic (Note: *S. aureus* that is resistant in the laboratory to methicillin is called *methicillin-resistant staph. aureus*, or MRSA—often pronounced “mersa”).

Slightly over one percent of the study participants had nasal swabs positive for MRSA. In other words, they were carrying potentially deadly bacteria in their nose. It’s fairly common to carry bacteria but not be infected or ill. Being a “carrier” means that the agent is not causing illness—it has merely *colonized*.

For example, a number of people who culture positive for strep



throat actually are *colonized* by this bacteria. Even if they weren’t sick with a sore throat at the time, they would still have a positive strep test. That’s why if someone is getting repeated strep infections, that person should have their throat cultured when they are **not** sick—to rule out the possibility of being a strep carrier. Regardless, the problem is that carriers can either pass the bacteria to someone else more vulnerable, or the bacteria could ‘turn’ on them, and cause them an infection as well.

The researchers discovered that study participants who drank hot tea or coffee were only *half* as likely to be carrying MRSA in their nose as those who didn’t drink these beverages. Interestingly, iced tea showed no clear protective benefit and soft drinks may make people slightly *more* vulnerable to MRSA.

Although coffee is routinely criticized in health circles, research consistently shows that regular coffee consumed in moderation (fewer than three





## SPIRITUAL: PRAYER PAGE ENCOURAGEMENT

### Meet the Prayer Page participants

*Note: The Prayer Page begins on page 7.*

#### Cindy Jackson

Leander, Texas

- Total need: \$21,971
- Prayer Page gifts received to date: \$6,590
- Need remaining: \$15,381

I am so surprised by the generous financial gifts sent to me by Prayer Page participants.

I'm finished with chemotherapy treatment and my hair is growing again. I feel great and my PET scan showed no sign of cancer cells!

God is so good! He has shown me His amazing grace every moment of this trial. He is truly Jehovah-Jireh, the Lord who provides. I'm so thankful that I became a member of Christian Healthcare Ministries. The cards and personal encouragement I receive from members are the wind beneath my wings.

I return to my cancer ward once every month with gifts for the patients. My trips give me the opportunity to share God's love for them in a tangible way. I would never have the opportunity to minister to cancer patients if I hadn't been one myself. I've learned that all things work together for the good of those who love God and are called according to His purpose (Romans 8:28).

Someone once said, "Blessed is the man who gives without remembering and the one who receives without ever forgetting!" I will never forget the kindness of CHM members demonstrated through their Prayer Page donations.

I still have about \$15,000 in medical debt. However, my six months of treatment, diagnostic tests, lab charges

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*"Someone once said, 'Blessed is the man who gives without remembering and the one who receives without ever forgetting!' I will never forget the kindness of CHM members demonstrated through their Prayer Page donations."*

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and doctor visits were estimated to cost more than \$250,000. God has met this tremendous need through assistance from pharmaceutical companies, hospital programs, medical bill reductions and financial help from my church family and CHM. I know that the balance of my bills will be met in a timely manner.

Onward, Christian soldiers!

### Prayer Page needs met

Duane Bryant, Crawfordsville, Ind.

Condition: Lower back pain

Need met: \$2,351

Liliana Castro, Smyrna, Ga.

Condition: Maternity

Need met: \$8,336

Eddie Murray, Riverton, Wyo.

Condition: Polycythemia (blood cell disorder)

Need met: \$11,593

Bethany Raver, Casper, Wyo.

Condition: Adoption expenses

Need met: \$965

*We rejoice that these needs have been met and thank all who contributed! We ask your continued generosity toward other Prayer Page needs.*

## FINANCIAL: PRAYER PAGE GIVING

### Prayer Page total needs remaining this month:

# \$560,969

Each need would be met **in full** if each member family contributed:

- \$41.46 this month *-or-*
- \$13.82 for the next three months *-or-*
- \$6.91 for the next six months

*Together, we can make eliminating these bills a reality! These amounts are suggestions; please consider giving today.*

All the believers were one in heart and mind. No one claimed that any of his possessions was his own, but they shared everything they had...There were no needy persons among them. Acts 2:32, 34a

JUNE 2012

## What is the Prayer Page?

The Prayer Page is an additional means by which CHM members help other Christians.

Most of the medical needs listed on these pages are ongoing bills from pre-existing conditions, which do not qualify for sharing under Christian Healthcare Ministries Guidelines. (They are *not* bills incurred before members joined CHM.)

Giving to needs listed on these pages is not your CHM monthly gift. It is an opportunity to give over and above your gift amount. We urge you to send cards of encouragement even if you are unable to contribute financially.

See the sidebars on pages 8-10 for more information on how to give.

Christian Healthcare Ministries  
Prayer Page

127 Hazelwood Ave  
Attn: Prayer Page  
Barberton, OH 44203

Phone: 800-791-6225  
(ask for the Prayer Page)

Fax: 330-798-6105

[www.cbministries.org](http://www.cbministries.org)  
E-mail: [prayerpage@cbministries.org](mailto:prayerpage@cbministries.org)

Prayer Page needs do not qualify for sharing under Christian Healthcare Ministries Guidelines. (See left sidebar)

**1. Patricia Alberino: 18255 Glencreek Lane, Strongsville, OH 44136** Patricia underwent a complete hysterectomy. After discounts, her bills total \$2,217. **UPDATE: Patricia received \$1,375 in gifts, bringing the need to \$842.**

**2. Pamela Apodaca: 2533 N 4000 W Box 8, Corinne, UT 84307** Pam had surgery to replace a critical aortic valve. She then contracted an infection and needed two more surgeries. After discounts of \$145,669, her remaining bills total \$107,385.

**3. Sarah Ashley: 459 E River Rock Rd., Belgrade, MT 59714** Sarah underwent hernia repair and incurred medical bills totaling \$7,200. **UPDATE: Sarah received \$3,602 in gifts and added \$4,193 in bills, bringing the need to \$7,791.**

**4. Kathy Barnes: 1445 Ink Grade Rd., Pope Valley, CA 94567** Kathy requests help with \$6,697 in bills she incurred from treatment of rheumatoid arthritis. **UPDATE: Kathy received \$4,058 in gifts, bringing the total need to \$2,639.**

**5. Amanda Binder: PO Box 7492, St. Joseph, MO 64507** Amanda became pregnant before joining CHM and incurred bills totaling \$3,338 for the birth of her son, Carson. **UPDATE: Amanda received \$1,609 in gifts and added \$96 in bills, bringing the total needed to \$1,825.**

**6. Vickie Brock: 1470 Fitts**

**Dr., Gaston, SC 29053** Vickie underwent a biopsy and surgery to remove a breast tumor. She asks the CHM family for help with bills totaling \$16,998. **UPDATE: Vickie received \$2,210 in reductions and \$6,082 in gifts, bringing the total to \$8,706.**

**7. James Callista: 100 E Glenolden Ave. #F16, Glenolden, PA 19036** After suffering from severe degenerative arthritis, James underwent major hip surgery. He asks the CHM family for help with \$4,214 in remaining bills. **UPDATE: James received \$595 in gifts, bringing the need to \$3,619.**

**8. Tiffany Collins: 33483 Mill Pond Dr., Wildomar, CA 92595** Tiffany became pregnant before joining CHM and incurred bills totaling \$3,700. She asks the CHM family for prayer and financial gifts. **UPDATE: Tiffany received \$1,413 in gifts, bringing the need to \$2,287.**

**9. Michael Copeland: 8126 Cambridge Gables Ln., Knoxville, TN 37938** Mike underwent septuple bypass heart surgery and requests financial help and prayer. After reductions, his bills total \$48,655. **UPDATE: Michael received \$25,435 in gifts. He now needs \$23,220.**

**10. Kim Cornett: 80 Grimes Rd., London, KY 40741** Kim had surgery to repair a hernia. After nearly \$11,300 in reductions, she requests prayer and help with \$14,226 in bills. **UPDATE: Kim received \$8,684 in gifts. She now needs \$5,542.**

**11. June Dalton: 1500 Edgington Rd., South Salem, OH 45681** June underwent removal of basal

cell cancer and asks the CHM family for help with bills totaling \$6,474. **UPDATE: June received \$3,771 in gifts, bringing the need to \$2,703.**

**12. John Paul Dodd: 711 Kimberly Ct., Caldwell, ID 83605** John Paul underwent a pacemaker replacement operation and incurred \$10,372 in medical bills. **UPDATE: John Paul has received \$6,361 in gifts, bringing the need to \$4,011.**

**13. Lindsay Ferguson: 512 Apple Way Dr., Danville, IN 46122** Lindsay has an eye disease that began before she joined CHM. She needs shots every three to six months and requests help from the CHM family to share her bills totaling \$1,550. **UPDATE: Lindsay added \$1,000 in bills and received \$245 in gifts, bringing the need to \$2,305.**

**14. Nova Ferguson: 5466 Knauss Rd., Sycamore, OH 44882** Nova suffered severe shoulder, arm and chest pain. Thankfully, she did not experience a heart attack. She incurred \$7,482 in medical bills. **UPDATE: Nova received \$4,755 in gifts, bringing the need to \$2,727.**

**15. John S. Fernald: 22421 E Broad Ave., Otis Orchards, WA 99027** John underwent testing for his pre-existing heart condition and incurred \$10,069 in medical bills.

**16. Sheri Friedman: 111 Heidi Dr., Swansea, IL 62226** Sheri incurred \$4,070 in bills for the treatment of breast cancer. She asks the CHM family for prayer and financial help. **UPDATE: Sheri received \$3,353 in gifts. She added**

*Continued on page 8*

## Who can give?

All readers are invited to give to Prayer Page needs (above regular monthly gifts) as they feel led.

All giving is voluntary; there is no obligation to give to Prayer Page needs to remain a CHM participant.

## How much should I give?

Give however much you feel led to give.

See the "Financial: Prayer Page giving" box on page 6 for suggestions.

## How do I send my gift?

You have two options for sending your gift to a fellow Christian listed on these pages:

**Option 1:** You can send financial gifts directly to people listed on these pages.

Please make your check out to the recipient you choose. You also can send a card or encouraging note.

The Giving Guide on page 9 can help you choose a recipient.

*Continued on the page 9 sidebar*

\$27,924 in bills and received \$15,140 in reductions, bringing the need to \$13,501.

**17. Cheryl Funk: 205 Sunset Dr., Lot 121, Sedona, AZ 86336** Cheryl underwent cataract surgery and incurred bills totaling \$7,531 after reductions. *UPDATE: Cheryl received \$5,886 in gifts, bringing the need to \$1,645.*

**18. Brooklyn Goad: 1344 Gilford Point Lane, Champions Gate, FL 32896** Brooklyn became pregnant before joining CHM and incurred \$13,384 for the birth of her son, Pierce. *UPDATE: Brooklyn received \$4,448 in gifts and added \$400 in bills, bringing the need to \$9,336.*

**19. Rochelle Goertzen: 35236 Ede Rd., Lebanon, OR 97355** Rochelle underwent two total hip replacement surgeries. She is thankful that one has been completely paid and she asks the CHM family for help with the remaining \$52,906 in bills. *UPDATE: Rochelle has received \$6,968 in reductions and \$28,404 in gifts, bringing the need to \$17,534.*

**20. Rhonda Good: 43455 County Line Rd., Columbiana, OH 44460** Rhonda was already pregnant when she joined CHM. She incurred \$4,196 in bills for the birth of her daughter, Emily. *UPDATE: Rhonda received \$2,421, bringing the need to \$1,775.*

**21. Nancy Graham: 2401 2nd Ave., Upper Chichester, PA 19061** Nancy underwent treatment for a bladder condition. Her bills total \$8,422. *UPDATE: Nancy received \$5,737 in gifts, bringing the need to \$2,685.*

**22. Raymond Hall: 10961 S 250th E Ave., Broken Arrow, OK 74014**

Raymond suffers from thoracic outlet syndrome and underwent surgery. He has bills totaling \$60,762. *UPDATE: Praise God! Raymond received \$35,276 in reductions and \$18,087 in gifts, bringing the total to \$7,399.*

**23. Jack Hannum: 1112 Barbara Dr., New Castle, IN 47362** Jack underwent heart testing and surgery. After reductions and a gift from his church, his remaining bills total \$10,540. *UPDATE: Jack received \$6,078 in gifts, bringing the total need to \$4,462.*

**24. Amanda Hanson: 5120 Sunset Ln., Everett, WA 98203** Amanda became pregnant before joining CHM and incurred bills totaling \$10,053 for the birth of her daughter, Katie. *UPDATE: Amanda received \$4,028 in gifts, bringing the need to \$6,025.*

**25. Judy Hayes: 168 W Poplar St., Jesup, GA 31545** Judy underwent total knee replacement surgery. After reductions, her medical bills total \$5,692. *UPDATE: Judy received \$1,724 in gifts, bringing the need to \$3,968.*

**26. Linda Hofma: 15280 Hopeful Church Rd., Bumpas, VA 23024** Linda has rectal cancer and underwent surgery. She incurred bills totaling \$11,748. *UPDATE: Linda received \$4,454, bringing the need to \$7,294.*

**27. Linda Ingham: PO Box 38, Witmer, PA 17585** Linda had five eye surgeries following a detached retina and macula. She is blind in one eye and incurred \$21,294 in bills. She requests financial help and prayer that her vision will be restored. *UPDATE: Linda received \$3,727 in gifts and added \$6,569 in bills, bringing the need to \$24,136.*

**28. Cindy Jackson: 23216 Nameless Rd. Unit A, Leander, TX 78641** Cindy suffers from non-Hodgkins lymphoma and incurred bills totaling \$13,246. She trusts that God will help meet her need through CHM members. *UPDATE: Cindy received \$6,590 in gifts and added \$8,725 in bills, bringing the need to \$15,381.*

**29. Paul Jehle: 14 Homestead Rd., Sagamore Beach, MA 02562** Paul suffers from supraventricular tachycardia, a heart rhythm disorder. He incurred bills totaling \$15,774 and asks the CHM family for prayer and financial help. *UPDATE: Paul has received \$1,227 in reductions and \$8,555 in gifts; his need is now \$5,992.*

**30. Kelsey Korfhage: 28894 550th Ave., Austin, MN 55912** Kelsey became pregnant before joining CHM. She asks the ministry for help with \$3,087 in bills from the birth of her son, Banning. *UPDATE: Kelsey received \$1,669 in gifts, bringing the need to \$1,418.*

**31. Danielle Laitres: 7522 SW Herrington Ln., Stuart, FL 34997** Danielle became pregnant before joining CHM and incurred \$4,013 in bills. She asks the CHM family for prayer and financial help. *UPDATE: Danielle reports that her need has been completely met.*

**32. Linda Lavanchy: 1730 N State Hwy 7, Camdenton, MO 65020** Linda underwent back surgery for a pre-existing condition and incurred bills totaling \$16,093. She asks the CHM family for prayers and financial help. *UPDATE: Linda received \$6,992, bringing the need to \$9,101.*

**33. Kathynne Leesley: 3306 Ave. A, Council Bluffs, IA 51501** Kathynne had uterine cancer and

underwent a hysterectomy. She asks the CHM family for prayer and for help with \$31,073 in medical bills. **UPDATE: Kathrynne received \$25,833 in reductions and \$1,651 in gifts, bringing the need to \$3,589.**

**34. Mollie Jo Martin: 6715 Hidden Trails Dr., Stillwater, OK 74074** Mollie Jo suffered a concussion that caused other health complications. She incurred \$1,914 in medical bills for testing and treatment. **UPDATE: Mollie Jo received \$285 in gifts, bringing the need to \$1,629.**

**35. Angelyn McMurray: 109 W 5th Ave., Runnemede, NJ 08078** Angelyn became pregnant before joining CHM. She asks the ministry family for help with \$3,503 in bills. **UPDATE: Angelyn received 1,548 in gifts, bringing the total to \$1,955.**

**36. Lana Miller: 14737 Countryside Ct., Middlebury, IN 46540** Lana underwent surgery for hand pain and bilateral trigger finger. After reductions, her bills are \$4,088. **UPDATE: Lana received \$2,158 in gifts, bringing the need to \$1,930.**

**37. Michelle Miller: 219 Brookfield St. Unit C, Louisville, OH 44641** Michelle incurred \$5,708 in bills from the birth of her daughter, Delaney. The pregnancy was pre-existing and Michelle asks the CHM family for help meeting this need.

**38. Linda Minter: 318 Narnia Loop, Spring City, TN 37381** Linda's

husband, Murray, passed away after battling rectal cancer. His bills total \$10,518. **UPDATE: Linda received \$1,677 in reductions and \$5,446 in gifts, bringing the total need to \$3,395.**

**39. James Muncy: 1730 Village Circle, Mishawaka, IN 46545** James underwent surgery for a diabetic ulcer on his foot. After reductions, he has \$8,871 in bills. **UPDATE: James added \$35,042 in bills and \$13,325 in gifts, bringing the need to \$30,588.**

**40. William Newton: 5911 Country Brook Ct., Sugar Land TX 77479** William underwent

knee replacement surgery and incurred bills totaling \$17,277. **UPDATE: William received \$11,233 in gifts, bringing the amount needed to \$6,044.**

**41. Ronda Pearson: 57 Jack's Circle, Shell Knob, MO 65747** Ronda underwent surgery for an eye condition and incurred \$6,953 in bills. She asks the CHM family for help. **UPDATE: Ronda has received \$4,485 in gifts, bringing the total needed to \$2,468.**

**42. Ryan Perry: 10834 N 32nd St., Phoenix, AZ 85028** Shortly after being laid off, Ryan sustained a traumatic brain injury that causes debilitating head and neck pain. He asks the CHM family for help with \$2,591 in bills. **UPDATE: Ryan received \$1,652 in gifts and added \$281 in bills, bringing the need to \$1,220.**

**43. Calvin Ratzlaff: 40596 307th St., Avon, SD 57315** Calvin suffers from hyperparathyroidism and has \$16,213 in medical bills. **UPDATE: Calvin received \$9,544 in gifts; the need is now \$6,669.**

**44. Joanne Roberts: 735 Addison Square, Kalispell, MT 59901** Joanne underwent treatment for sciatic nerve pain and incurred \$4,699 in bills. **UPDATE: Joanne has received \$3,274 in gifts, bringing the total need to \$1,425.**

**45. Joshua Sargeant c/o David & Tamara Sargeant: 6743 Corban Way, MacClenny, FL 32063** Joshua was born

GIVING GUIDE			
Membership #	Need #	Membership #	Need #
100025-100218	01	113101-113463	46
100223-100633	42	113466-113819	10
100636-101170	30	113820-114153	58
101202-101704	44	114157-114519	37
101709-102398	34	114520-114837	48
102418-103050	17	114838-115279	29
103051-103984	20	115280-115811	24
103987-104609	05	115817-116934	40
104616-105145	36	116940-118059	43
105147-105757	35	118061-119486	26
105766-106304	08	119491-121104	22
106305-106838	13	121121-123009	49
106840-107285	31	123019-124548	03
107288-107699	41	124555-126182	55
107706-108096	45	126190-127740	06
108104-108451	04	127748-129356	54
108453-108790	21	129365-131557	56
108792-109044	62	131559-133693	32
109045-109339	11	133695-135987	18
109349-109677	14	136001-138066	15
109681-109982	60	138070-140615	50
109984-110299	51	140755-143299	16
110308-110586	38	143302-144039	28
110587-110866	57	144040-144795	53
110872-111177	61	144797-145499	19
111181-111438	33	145500-146422	59
111440-111745	07	146423-147279	09
111755-112072	25	147280-148516	27
112073-112374	52	148520-149720	39
112377-112697	12	149721-151510	47
112698-113100	23	151512-154360	02

## How do I use the Giving Guide?

In the Giving Guide, find the range of membership numbers in which your number falls. You can send a gift to the need number that corresponds to your member number.

For example, if your number is 110000, you would send to need #51.

These directions are only suggestions; if you are not a CHM member or feel led by the Lord to give to a need other than the one suggested, please do so!

**How do I send my gift?**  
(Continued from the page 8 sidebar)

**Option 2:** You can send financial gifts to the CHM office and they will be forwarded to the recipient you choose. The advantage is that gifts sent in this manner are tax deductible.

Please make your check out to CHM and write "Prayer Page" and the name of the gift recipient in the memo line. We will deposit your check and generate another check to send to the recipient of your choice. We will forward any card or encouraging note that you include, or you can send it directly to the recipient.

*Continued on the page 10 sidebar*

*How do I send my gift?*  
(Continued from the page 9 sidebar)

Please send your gift to:  
Christian Healthcare  
Ministries  
Attn: Gift Processing  
127 Hazelwood Ave.  
Barberton, OH 44203

Any gifts designated for a person not on the Prayer Page will be forwarded to another recipient.

*I am listed on the Prayer Page. What are my responsibilities?*

Individuals listed on the Prayer Page must report what monies they receive each month by the 15th (or the first business day after the 15th) of the following month.

Mail in your Donor Information Form, e-mail [prayerpage@chministries.org](mailto:prayerpage@chministries.org) or call 800-971-6225 and ask for the Prayer Page.

The Donor Information Form also is available online at [www.chministries.org/downloadforms.aspx](http://www.chministries.org/downloadforms.aspx)

To act fairly to everyone listed, Prayer Page guidelines state that CHM staff may rotate needs and remove listings of unresponsive persons without notice.

To obtain a copy of Prayer Page guidelines, contact us at the e-mail address or phone number listed above.

with hypospadias. He underwent surgery and incurred \$7,266 in bills. **UPDATE: Joshua received \$4,653 in gifts, bringing the need to \$2,613.**

**46. Tally Schmidt: 202 Holly Place, Walters, OK 73572** After undergoing a tumor removal, doctors determined they needed to remove Tally's ovary. She praises God that she is now pain free but she still needs help with \$11,526 in medical bills. **UPDATE: Tally received \$6,277 in gifts, bringing the need to \$5,249.**

**47. James Schreiber: 12113 W 82nd Terrace, Lenexa, KS 66215** James underwent extensive sextuple bypass heart surgery. After more than \$200,000 in reductions, his remaining bills total \$59,462. **UPDATE: James received \$8,908 in gifts, bringing the need to \$50,554.**

**48. Donald Schwarz: 3209 Nottingham St., Pearland, TX 77581** Donald underwent partial shoulder replacement surgery and is trusting God to meet his need through CHM members. After reductions of more than \$38,000, Donald's remaining bills are \$11,273. **UPDATE: Donald received \$5,318 in gifts, bringing the need to \$5,955.**

**49. Kathleen Settle: 4114 Bowman Ave., Indianapolis, IN 46227** Kathleen had surgery to remove a uterine polyp and her ovaries and fallopian tubes. After reductions, her bills total \$13,516. She asks the CHM family for prayer and financial help. **UPDATE: Kathleen received \$5,779 in gifts, bringing the need to \$7,737.**

**50. Kent Shoop: PO Box 86, Easton, WA 98925** Kent had surgery and radiation treatment for prostate cancer. He trusts God to meet his \$17,884 need through the generosity of CHM members.

**UPDATE: Kent received \$7,196 in gifts, bringing the total \$10,688.**

**51. Jerry Sizemore: 7720 Surrey Dr., Indianapolis, IN 46227** Jerry suffered a swollen retina and loss of vision. He also underwent testing for stroke and aneurysm and praises God that these conditions were not present. He asks CHM members for help with \$1,806 in medical bills. **UPDATE: Jerry added \$2,194 in bills and received \$725 in gifts, bringing the need to \$3,275.**

**52. Barbara Smith: PO Box 1167, Rupert, WV 25984** Barbara underwent a hysterectomy to remove uterine cancer cells. She has bills totaling \$9,372. **UPDATE: Barbara received \$5,383 in gifts, bringing the need to \$3,989.**

**53. James Snyder: 24848 Starlight Mtn. Rd., Ramona, CA 92065** James underwent emergency surgery for coronary heart disease. After discounts, his bills total \$109,571. The Snyders trust God to work through CHM to meet this need. **UPDATE: Praise God! James received \$21,047 in gifts, \$73,515 in reductions and \$1,674 in added bills, bringing the need to \$16,683.**

**54. Tricia Supan: c/o Gus Supan, 38011 Princeton Dr., N Ridgeville, OH 44039** Tricia suffers from Lyme disease and asks the CHM family for help with \$18,200 in bills. **UPDATE: Tricia received \$9,365 in gifts, bringing the need to \$8,835.**

**55. Billy Thomas: 5642 Naomi Dr., Milford, OH 45150** Billy underwent hernia repair surgery and asks the CHM family for help with \$8,548 in medical bills.

**56. Lessie Triplett: 6939 Kuck Rd., Charlotte, NC 28227** Lessie underwent bladder surgery and asks for help with bills totaling \$29,605. **UPDATE: Lessie received \$20,636 in gifts; the need is now \$8,969.**

**57. Charlotte Vieth: 1500 Pella Rd., Martell, NE 68404** Charlotte underwent laser surgery for varicose veins. After reductions, her medical bills total \$3,400.

**58. Phillip Vollman: 13924 Radcliffe Rd., Chardon, OH 44024** Phillip underwent surgery for hernia repair and asks the CHM family for help with \$8,500 in bills. **UPDATE: Phillip received \$2,899 in gifts, bringing the need to \$5,601.**

**59. Sharon Warden: RR 1 Box 69-8F, Poca, WV 25159** Sharon underwent surgery for tumor removal and asks the CHM family for prayer and financial help with \$23,100 in medical bills.

**60. Rachel Weaver: 1380 Oaklyn Dr., Mohnton, PA 19540** Rachel was in a car accident and underwent cervical disc replacement. She had a second surgery due to complications. She asks the CHM family for help with bills totaling \$28,559. **UPDATE: Rachel received \$25,344 in gifts, bringing the need to \$3,215.**

**61. Merrily Wright: 600 9th St., Elko, NV 89801** Merrily underwent removal of a thyroid nodule. After reductions totaling nearly \$19,000, her remaining bills are \$7,684. **UPDATE: Merrily received \$4,177 in gifts, bringing the need to \$3,507.**

**62. Janette Zarkovacki: 4845 Old Farm Cir West, Colorado Springs, CO 80917** Janette incurred \$4,670 in bills from the birth of her daughter, Brianna. **UPDATE: Janette received \$570 in reductions and \$1,406 in gifts, bringing the need to \$2,694.**

**Dobias testimony (continued from page 1)**

so fellow members could share my burden by praying for me. I received many get-well cards with prayers and words of encouragement from CHM members.

I visited a specialist and was very relieved when the doctor said I would only need the second surgery if my condition grew worse.

I was thankful and appreciative that Christians who didn't even know me would pray for my needs. At the same time, I felt a little guilty since I didn't need the second operation. I prayed, "God, thank You for all of these members who showed Your love to me and bless each one of them for their kindness. I wonder, though, why You led them to pray for me when You knew I wouldn't undergo another surgery. Lord, are You strengthening me for something I can't foresee?"

God answered my question on January 13, 2012. My husband, Norlin, suffered aortic dissection—a tear in the artery caused blood to flow between the layers of the aortic wall and forced them apart. (Doctors normally don't perform surgery for this condition because it's too dangerous—they just allow the dissection to scar over.)

Norlin survived the dissection but six days later suffered complications that required emergency surgery. The surgeon said he

would do his best, but explained that patients with this condition rarely survive and those who live often suffer paralysis or kidney failure.

Miraculously, Norlin came through the surgery with no paralysis! His kidneys shut down temporarily but soon regained functionality.

The surgeon told us that his technique didn't save Norlin's life. He said Norlin should have died and that God—and God alone—was responsible for this miracle.

I stayed by Norlin's side in the hospital for 36 days. God knew that I didn't need another surgery but that I *would* need the prayer and words of encouragement from the nearly 50 CHM members who let me know they were praying for me. I sensed their prayers during the long days of Norlin's surgery and recovery; I found the strength to keep going when I thought I couldn't possibly continue down this difficult road.

Although I was also grateful for the prayers of family members and friends, the cards from CHM members were a lifeline and were tangible reminders of God's love. I read and reread each word to regain my strength.

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*"God knew that I didn't need another surgery but that I would need the prayer and words of encouragement from the nearly 50 CHM members who let me know they were praying for me.... I found the strength to keep going when I thought I couldn't possibly continue..."*

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I called the CHM offices after Norlin went into the hospital. The staff again listed us for prayer, so we found another 11 cards of encouragement in February 2012 when we finally returned home.

I looked at the postmark date on the envelopes and, sure enough, some of the members had been touched by the Holy Spirit and motivated to pray for us on the same day Norlin had his surgery!

We have such an awesome God who knows our needs and answers prayer in ways we could never expect.

Thank you, Christian Healthcare Ministries, and thanks to all of you who prayed for us.

**Autism and empty nesting (continued from page 2)**

I recognize that in all likelihood empty nesting is not in our future.

We're no different than anyone else. There are things we'd like to do, places we'd like to go and experiences we'd like to share with each other. We were married 16 years before Stephen was born, so we got a chance to do some traveling and to be alone together. However, Stephen's situation means that we will not be among those parents who watch as their child leaves

home to make a life of his own.

As I've considered Chuck Swindoll's radio broadcast, it has motivated me once again to consider the strength of my wife's character and the love she has for the Lord and her family. The situations concerning both Joseph and Stephen might have broken a woman of weaker faith.

Many people go through difficult times. The Bible, from cover to cover, is a book

about pain—and how to deal with it. Within its pages are examples of misery, anguish, sorrow, death, hatred, lust, anger, betrayal and inexplicable crimes.

The prospect of never being an empty nester is pretty small in comparison.

The Bible also tells us how to overcome the sin and fear that will dominate us in

*See "Autism and empty nesting," page 13*

In their own words (continued from page 5)

**Dear Christian Healthcare Ministries:**

I received my Brother's Keeper statements for January and April 2012. I was shocked and pleased to see that no funds were due. My pickup truck recently broke down and I had to replace the transfer case, which cost over \$1,000. The savings were a blessing for me.

I feel good about this ministry because I know the leaders are upright and have integrity. Keep up the good work.

God bless you!

Rene Verhaeghe  
Crossville, TN

**Dear CHM Prayer Page:**

Thank you so very much to all the CHM folks involved in the Prayer Page giving I received. My wife, Cathy, and I pray that the Lord in some way will multiply it and return it to each one of you!

Love, prayers, and blessings,

Kent and Cathy Shoop  
Easton, WA

**Dear Christian Healthcare Ministries:**

Thank you for your prompt payments of my husband's medical needs. You made it possible for us to obtain a large discount for Roger's overnight hospital stay. With the money we saved, we were able to pay for our portion of his Veterans Affairs

bills and his chiropractor visits. Tests have not shown what was wrong with him, but some serious possibilities were eliminated. He has improved considerably, for which we thank the Lord.

We are returning \$350 that we didn't need. Please use it for someone else's medical need.

Thank you for what you did and thank God for this ministry.

Sincerely,

Roger and Joy Boyer  
Rural Retreat, VA

**Dear Fellow CHM Members:**

We wanted to thank you sooner, but we have four children under age six and time is scarce.

We thank the Lord and those of you who have given generously toward our Prayer

Page need. May God richly bless you for your kindness. We are blessed by your giving.

Nick & Janette Zarkovacki  
Colorado Springs, CO

**Dear Christian Healthcare Ministries:**

Thank you to the CHM staff and members for praying for us! The Lord healed David and he didn't need gallbladder surgery. The emergency room bill was reduced by 50 percent and we were able to pay the rest of it ourselves.

We also loved the encouraging cards that

people sent!

Love in Christ,

David & Donna Evans  
Chico, CA

**Dear Christian Healthcare Ministries:**

I'm writing to thank you for the check for funds voluntarily shared by CHM members. It's a great blessing to participate in Christian Healthcare Ministries and I'm keeping all of you in prayer.

Yvette Evans  
Sacramento, CA

**Dear Christian Healthcare Ministries:**

Mark in 2011 had gallbladder surgery and that was our first experience submitting medical bills to the ministry. Everything went smoothly. We were able to get a few bills reduced and the CHM staff also obtained some reductions. Our out-of-pocket expense was approximately \$75.

I must admit that we didn't know what to expect but you came through just like you said you would. We appreciate everyone who was involved and pray God's blessings on this wonderful ministry.

Sincerely,

Mark & Charlotte Counce  
Iuka, MS

**Dear Tina:**

I wanted to let you know that I received

*See "In their own words," page 14*



# No protein? No weight, no muscles

Compiled by **Dr. Michael D. Jacobson**, CHM medical consultant

Low protein diets might help keep weight down, but there are important downsides.

Researchers from Pennington Biomedical Research Center in Baton Rouge recruited 28 local volunteers to live in an inpatient metabolic unit for up to three months while their food intake was completely controlled. After an initial period of weight stabilization and measurement, the subjects were randomly assigned to receive a low (five percent), normal (15 percent) or high (25 percent) protein diet. Their weight, body mass index, body fat percent, lean muscle mass, resting metabolic rate and energy expenditure were all measured before and after the study period.

After the initial weight stabilization period all subjects were intentionally over-fed with a 40 percent excess in calories to cause them to gain weight. After 10 to 12 weeks,

those on the normal and high protein diets gained an average of over twice as much (14 pounds) as those on the low protein diet (7 pounds). Now, if your only goal is to lose weight, it seems that you would want to choose a diet low in protein. However, net weight gain is only half the story.

According to body composition analysis, all three groups stored extra calories as fat. However, those who consumed a low protein diet actually lost lean muscle mass. Those on the normal and high protein diets increased muscle. In addition, resting metabolism rates did not change for the low protein diet group, but increased in the other two groups.

The bottom line: low protein diets might be helpful at keeping weight controlled, but they appear to do so at the expense of



losing muscle mass and failing to increase metabolic rates. Normal-to-high protein diets increase muscle mass, with the added benefit of a faster metabolism.

*Bray, G. A., S. R. Smith, et al. (2012). Effect of dietary protein content on weight gain, energy expenditure, and body composition during overeating: a randomized controlled trial. Journal of the American Medical Association 307(1): 47-55.*

## Cut MRSA by half (continued from page 4)

cups per day) appears to be protective of our health rather than a cause for concern. (That is not to say that added sugar and creamer is helpful. I haven't seen much data on this aspect of drinking coffee, although there is a considerable body of

research that warns of the adverse health effects of excess fat and sugar).

Tea consistently proves to be healthy.

Interesting. I think I'll go make myself a

cup of hot tea.

*Matheson, E. M., A. G. Mainous, 3rd, et al. (2011). Tea and coffee consumption and MRSA nasal carriage. Annals of family medicine 9(4): 299-304.*

## Autism and empty nesting (continued from page 11)

those trials, self-created or imposed on us: faith in Him whose steadfast love endures forever. For example:

• **Jeremiah 29:11** *For I know the plans I have for you, declares the LORD, plans for welfare and not for evil, to give you a future and a hope.*

• **Isaiah 41:10** *Fear not, for I am with you;*

*be not dismayed, for I am your God; I will strengthen you, I will help you, I will uphold you with my righteous right hand.*

• **Revelation 21:4** *He will wipe away every tear from their eyes, and death shall be no more, neither shall there be mourning, nor crying, nor pain anymore, for the former things have passed away.*

• **Romans 8:37-39** *No, in all these things we are more than conquerors through him who loved us. For I am sure that neither death nor life, nor angels nor rulers, nor things present nor things to come, nor powers, nor height nor depth, nor anything else in all creation, will be able to separate us from the love of God in Christ Jesus our Lord. If God is for us, who—or what—can be against us? Nothing at all.*

**In their own words (continued from page 12)**

from CHM the funds for my maternity care well before the date I requested them. Thank you so much for your diligence in processing and sharing my need.

I must confess that I was a little doubtful of this medical sharing concept. In fact, I postponed getting pregnant because I wasn't sure I'd be able to pay for it. CHM came through, met my need and exceeded my expectations!

Thank you for serving Christ by serving Christians.

Sincerely,

Brittany Mackey  
Decatur, GA

**Dear Yvonne:**

I write this letter in praise to God and in thankfulness to Christian Healthcare Ministries and its members. In my time of need, CHM fulfilled the promise of its mission. The ministry staff has treated me with respect and as a Christian brother.

CHM took care of a recent hospital bill for a leg injury. My need was completely met and my leg is nearly back to normal! God does take care of His children and gives us the power to affect those around us.

I compliment CHM for doing the work of God.

God bless you,

John Rodger Sharpe  
Warrensburg, MO

**Dear Christian Healthcare Ministries:**

Thank you so much for the check you sent

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*“We recently received a check for Cheryl’s medical expenses...It was truly God’s timing—we were down to \$100 left in our checking account with more medical bills coming due...people have told us that they get goose bumps when we tell this story of God’s greatness.”*

Jerry & Cheryl D’Onofrio,  
Hesperus, CO

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to pay my hospital bill in full. Praise the Lord! I mailed the check to the hospital and I’m sending you a complimentary piano CD I recently released. Please enjoy it! May it bless you as you have blessed me.

Sincerely,

Sharmen Wright  
Overland Park, KS

**Dear Beth:**

We recently received a check for Cheryl’s medical expenses. We want to thank you and Christian Healthcare Ministries; you have been a blessing to our family and have removed that form of stress from our lives.

It was truly God’s timing—we were down to \$100 left in our checking account with more medical bills coming due. We had to move out of our rental situation to another residence and had a major plumbing issue.

We have always believed that God watches over us, but people have told us that they get goose bumps when we tell this story of God’s greatness.

Thank you again for your service and ministry.

Blessings,

Jerry & Cheryl D’Onofrio  
Hesperus, CO

**Dear Christian Healthcare Ministries:**

Although I am no longer a CHM member, I continue to support this ministry. I’m enclosing a financial gift for you to apply toward Prayer Page needs.

My friend, Shirlee Dobias, has received both financial help and emotional and spiritual support following her husband’s illness and surgery. He is now completely disabled and, although they have suffered considerable stress, CHM members have demonstrated such an outpouring of love through cards, letters and prayers from people who don’t even know them! I can’t imagine receiving such support through an insurance company.

May you be blessed as you continue in ministry. May you reach many brothers and sisters in need and be a wonder and a witness to the world!

Sincerely,

Victoria L. Macki  
Ellensburg, WA

*Editor’s note: Please see Shirlee Dobias’ testimony on page 1 of this newsletter.*

## CHM legal notices

**Christian Healthcare Ministries (hereinafter "CHM"),** a not-for-profit religious organization, is not an insurance company. No ministry operations or publications are offered through or operated by an insurance company. CHM does not guarantee or promise that your medical bills will be shared or assigned to others for financial gifts. Whether any CHM member chooses to share the burden of your medical bills will be entirely voluntary. As such, CHM should never be considered as a substitute for an insurance policy. Whether you receive any financial gifts for medical expenses and whether CHM continues to operate, you are always liable for any unpaid bills.

**Especially for Florida Residents:** A copy of the official registration and financial information may be obtained from the Division of Consumer Services by calling toll-free, within the state of Florida. Registration does not imply endorsement, approval, or recommendation by the State of Florida. 1-800-435-7352 Our Florida registration number is CH3543. CHM has not retained any professional solicitors or professional fundraising consultants and 100% of each contribution is received by our organization.

**Especially for Kentucky Residents:** Notice: CHM is not an insurance company. CHM's related operations and publications are not issued by an insurance company and they are not offered through an insurance company. CHM does not guarantee or promise that your medical bills will be shared or assigned to others for financial gifts. Whether any member chooses to share the burden of your medical bills will be totally voluntary. CHM should never be considered as a substitute for an insurance policy. Whether you receive any gifts for medical expenses, and whether or not CHM continues to operate, you will always remain liable for any unpaid bills.

**Especially for Maryland Residents:** Notice: CHM is not an insurance company. CHM's related operations and publications are not issued by or offered through an insurance company. CHM does not guarantee or promise that your medical bills will be shared or assigned to others for financial gifts. No other member will be compelled to contribute toward the cost of your medical bills. Therefore, CHM should never be considered a substitute for an insurance policy. This activity is not regulated by the Maryland Insurance Administration, and your liabilities are not covered by the Maryland Life and Health Guarantee Fund. Whether or not you receive any financial gifts for medical expenses and whether or not CHM continues to operate, you are always liable for any unpaid bills.

**Especially for Oklahoma Residents:** This is not an insurance policy. It is a voluntary program that is neither approved, endorsed or regulated by the Oklahoma Department of Insurance and the program is not guaranteed under the Oklahoma Life and Health Insurance Guaranty Association.

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**Especially for South Dakota Residents:** CHM is not an insurance company. CHM's program is not an insurance contract. This plan does not fall under the jurisdiction of the South Dakota Division of Insurance and the plan is not covered under the South Dakota guaranty fund.

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**PRAYER REQUESTS THIS MONTH:** *These are prayer requests only. Please send your monthly financial gift to the CHM office (see instructions on your yellow Member Gift Form). We invite you to send cards or words of encouragement to the people listed below.*

**Marilyn Smith: 3505 S 107th St., Omaha, NE 68124** Marilyn is in poor health and recently entered a long-term care facility. Her family isn't sure how they will afford it.

**Kenneth & Tina Hubik: 512 Overlys Grove Rd., New Holland, PA 17577** The Hubiks' two-year-old daughter, Evangelina, drowned in the family's pond. Please pray for the Hubiks during this hard time.

**Sally Magalsky: 6 Queen Ln., Livingston, MT 59047** Sally remains ill after undergoing gallbladder surgery in December 2011.

**Anne Foster: 10767 San Diego Mission**

**Rd. #204, San Diego, CA 92108** Anne lost her job and can't find work. She takes very expensive medications and requests prayer.

**Barbara Winchester: PO Box 292, Summerdale, AL 36580** Barbara suffers from stomach cancer and lives alone. Please keep her in prayer.

**Woody Wood: Banner Good Samaritan Medical Center, Rm. #539, 1111 E McDowell Rd., Phoenix, AZ 85006** Woody lost his wife, Lawanda, in a car accident; he also is in the hospital.

**Lilly Dodge: 9891 Wellman Rd., Mclouth, KS 66066** Lilly suffers from

recurring stomach cancer and asks the CHM family for prayer.

**Maria Feld: 5005 Brownsville Rd., Pittsburgh, PA 15236** Maria suffers from colitis and needs to undergo a colonoscopy.

**Clifford Bradston: Attn: Hilda DeLoach, PO Box 498, Ellaville, GA 31806** Pastor Bradston was in a motorcycle accident and suffered injury to his arms.

**Sandi Lacey: 733 Bear Creek Cr., Winter Springs, FL 32708** Sandi is a voice teacher who needs major oral reconstruction surgery. Please pray for a successful operation and speedy recovery.

# CHRISTIAN HEALTHCARE MINISTRIES

*June 2012*

## IN THIS ISSUE:

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intolerances • Prayer Page testimony • Prayer Page  
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*The mission of Christian  
Healthcare Ministries is to  
glorify God, show Christian  
love, and experience God's  
presence as Christians share  
each other's medical bills.*

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